

Recreational Classics (ages 7-19 years)

For those dancers who are discovering dance and love the bright lights of the recital. Classes are designed to enhance full body awareness while having fun!

NOTE: The decision to be entered into 1 festival would be decided by the instructor by end of Oct.

Double Threat B-Jazz/Ballet 1 hour / week Full Year Program (Age 7)

This class begins to work on the jazz and ballet Pre Jr syllabus while still allowing lots of time for fun and creativity. This class prepares the dancer for either the recreational stream, or the Junior Competitive Team the following year. Dancers may also continue in the recreational stream. The instructor will pick which style of discipline will be performed in our annual recital and will require a costume.

PRE-REQUISITES: 0-1yr exp, Must be 7yrs & in Gr 2 for school

Double Threat D-Tap/MT 1 hour / week Full Year Program (Age 7)

The dancer will learn basic tap steps that are combined with singing and movement to create a theatrical routine! This class prepares the dancer for either the recreational stream, or the Junior Competitive Team the following year. This class prepares the dancer for either the recreational stream, or the Junior Competitive Team the following year. The instructor will pick which style of discipline will be performed in our annual recital and will require a costume.

PRE-REQUISITES: 0-1yr exp, Must be 7yrs & in Gr 2 for school

Boyz Crew-Hip Hop 1 hour / week Full Year Program (Age 8-11)

A class designed just for boys! Come learn some basic hip hop steps in a fun, creative, high energy environment! This class performs a routine in our annual recital and will require a costume.

PRE-REQUISITES: 0 exp, Boys only class!

Hip Hop 'R' 1 hour / week Full Year Program (Age 7-14)

Hip Hop Nov Rec	7-8yrs	0 exp, go according to age, rec class
Hip Hop Jr Rec	9-10yrs	0-4 yrs exp, go according to age, rec class
Hip Hop Int Rec	11-14yrs	0-6yrs exp, go according to age, rec class

Learn the different styles of Hip Hop in a fast paced, high energy class. We have recreational Hip Hop classes available for every age and level. This class performs a routine in our annual recital and will require a costume

PRE-REQUISITES: see above

Ballet Junior 'R' 1 hour / week Full Year Program (Age 8-19)

Ballet Jr 2 Rec	8yrs	0-2yrs ballet exp, rec class
Ballet Jr 3 Rec	9yrs	1+yrs ballet exp, rec class
Ballet Jr 4 Rec	10-11yrs	1-2+yrs ballet exp, rec class

Children gain grace and poise with this classical technique. As the foundation for all dance forms, ballet will help increase balance, flexibility, body alignment and strength. This class works great for those not wanting the competition level. This class performs a routine in our annual recital and will require a costume.

PRE-REQUISITES: 0-2yr ballet exp, rec class

Jazz Jr 'R' Levels 1 hour / week Full Year Program (Age 8-16)

Jazz Jr 2 Rec	8-9yrs	Must be 8yrs old, no ballet required	Jazz Int 2 Rec	11-13yrs	3-5yrs jazz exp, no ballet is required
Jazz Jr 3 Rec	9-10yrs	1-3yrs jazz exp, no ballet required	Jazz Int 3 Rec	12-14yrs	4-6yrs jazz exp, no ballet is required
Jazz Jr 4 Rec	10-11yrs	2-4yrs jazz exp, no ballet required	Jazz Int 4 Rec	13-15yrs	5-7yrs jazz exp, no ballet is required
			Jazz Sen Rec	14-16yrs	6-8yrs jazz exp, no ballet is required

A fast paced, high energy class that focuses on kicks, turns, jumps and other stylized steps. Balance, flexibility and strength will be worked on and improved in a fun and age appropriate manner. We have a rec Jazz class for every age whether you are experienced or beginner! All rec jazz classes perform a routine in our annual recital and will require a costume.

PRE-REQUISITES: see above

Tap Jr 'R' 1 hour / week Full Year Program (Age 8-11)

Tap Jr Rec	8-11yrs	0-2yrs exp, rec class-kids starting late in tap.
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A class that teaches you the basics of tap dance. Work on your rhythm, musicality and dynamics in a fun and friendly environment. This class is designed for those students who have 0-2 years tap experience or want to brush up on some basics in non-competitive atmosphere. This class performs a routine in our annual recital and will require a costume.

PRE-REQUISITES: 0-2yrs tap exp, rec class

TEEN CLASSES OFFERED:

Ballet Teen Rec	1 hour / week	Full Year Program	(Age 12-19)	0-2+yrs ballet exp, rec class
Ballet Int Rec	1 hour / week	Full Year Program	(Age 12-19)	Teacher approval (next step after BTeens)

Our ballet teen class provides a unique opportunity for teens and pre-teens who want to train in ballet but have limited or no experience in the discipline. This class uses modified elements from the Jr. and foundation grades to build up strength and technique. Note: Most teen dancers will complete 2-3 years of the teen class before moving into the progression grades should they be recommended. Dancers can also continue to take ballet tech should they not move into the ballet competition levels. This class performs a routine in our annual recital and will require a costume.

PRE-REQUISITES: see above

Jazz Teen Rec	1 hour / week	Full Year Program	(Age 12-19)
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Our Jazz teen class provides a unique opportunity for teens and pre-teens who want to train in jazz but have limited or no experience in the discipline. This class uses modified elements from the competitive grades to build up strength and technique. Note: Most teen dancers will complete 2-3 years of the teen class before moving into the competitive grades should they be recommended. This class performs a routine in our annual recital and will require a costume.

PRE-REQUISITES: 0-2 yrs exp, no ballet is required

Lyrical Teen Rec	1 hour / week	Full Year Program	(Age 12-19)
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A combination of jazz and ballet. Lyrical combines many elements of classical ballet with the freedom of jazz, contemporary and modern dance. Most lyrical dance pieces are performed to music with lyrics, to which the choreography is based on. This class performs a routine in our annual recital and will require a costume.

PRE-REQUISITES: Add On Class: enrolled in either a Ballet or Jazz Rec class.

ADD ON CLASSES:

Acro Rec	1 hour / week	Full Year Program	(Age 8-12)
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Acrobatics or "Acro" is a combination of dance and gymnastics. Basic Acro stunts will be introduced in this class, and the dancer will work towards improving their strength and flexibility. Dancers will move onto more difficult stunts with teachers approval. The teacher will decide if this class performs in our recital but we usually just use our class bodysuits for a costume.

PRE-REQUISITES: Add On Class: enrolled in either a Ballet or Jazz Rec class.

Lyrical Rec	1 hour / week	Full Year Program	(Age 7-12)
Lyrical Teen Rec	1 hour / week	Full Year Program	(Age 12-19)

A combination of jazz and ballet. Lyrical combines many elements of classical ballet with the freedom of jazz, contemporary and modern dance. Most lyrical dance pieces are performed to music with lyrics, to which the choreography is based on. This class performs a routine in our annual recital and will require a costume.

PRE-REQUISITES: Add On Class: enrolled in either a Ballet or Jazz Rec class.

Musical Theatre Rec	45 min / week	Full Year Program	(Age 7-14)
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Singing, dancing and acting is combined as dancers work on performing age appropriate songs with theatrical flair! We have recreational Musical Theatre classes available to every age and level as long as the dancer is enrolled in one other core class at the studio. This class performs a routine in our annual recital and will require a costume

PRE-REQUISITES: Add On Class: If no Jazz exp, must enroll in Jazz, otherwise can take any class if 2-3yrs jazz exp.