



2022/23 Dress Requirements – FIRST STEPS

BZBody's Dance 780-962-5308 226 McLeod Ave, Spruce Grove
 Will carry all items listed below. www.bzbodysdance.com

PURCHASE DANCEWEAR at studio SEPT. 6-8 from 4-8pm (prebook with BZBody's starting around Sept. 1)

REQUEST to join 'DDA BUY & SELL' on Facebook to purchased used items.

DARKER SKIN TONES can go into store to match skin colour & discuss options.

Karries Kostumes 780-460-2626 2003 Tudor Glen, St. Albert

NOTE: All 4 Dance store only stocks our tights and not other items you need.

Hair (3-6yrs)

Hair must always be pulled back and off the face.

Long Hair: ponytail, bun or braids. Short: hairband or clips.

Wiggles & Giggles (3yrs) - Tiny Toes (4yrs)

Bodysuit:	Bodywrappers or Capezio Navy Short Sleeve	#BWC120 or #CC400
Tights:	Mondor Ballerina Pink Nylon Footed	#345
Ballet Shoes:	Capezio 'Gracie' Pink or Lily	#207C or #212C
Optional Skirt:	BZBodys sells 'Motionwear'	#1011

Mini Movers Ballet/Tap Combo (5yrs)

Bodysuit:	Bodywrappers or Capezio Navy Short Sleeve	#BWC120 or #CC400
Tights:	Mondor Ballerina Pink Nylon Footed	#345
Ballet Shoes:	Capezio 'Gracie' Pink or Lily	#207C or #212C
Tap Shoes:	Capezio Caramel Tvette or Shuffle Tap	#625 or 356C
Optional Skirt:	BZBodys sells 'Motionwear'	#1011

Boys: Tap – Jazz – Ballet (3-6yrs)

Top:	Bodywrappers White T Shirt	#B400
Bottom:	Bodywrappers Black Jazz Pants	#B191
Ballet Shoes:	Bloch Black	#SO205
Tap Shoes:	Capezio Black	#442 / #443

Boyz Klub- Hip Hop (4-7yrs)

Top:	T Shirt	
Bottoms:	Sweat Pants or Cargo Pants (no jeans)	
Hip Hop Shoes:	BLACK & White - CONVERSE Chuck Taylor All Star Low Top	Buy in stores

Double Threat A-Jazz/Ballet (6yrs)

Bodysuit:	Bodywrappers or Capezio Navy Tank	#BWC115 or #CC201C
Tights:	Mondor Ballerina Pink Nylon Footed	#345
Ballet Shoes:	Capezio 'Gracie' Pink or Lily	#207C or #212C
Optional Skirt:	BZBodys sells 'Motionwear'	#1011

Double Threat C-Tap/Musical Theatre (6yrs)

Bodysuit:	Bodywrappers or Capezio Navy Tank	#BWC115 or #CC201C
Tights:	Bloch Tan Footed	#T0981G
Tap Shoes:	Capezio Caramel Mary Jane	#3800
Optional Skirt:	BZBodys sells 'Motionwear'	#1011

Mini Musicals ► Add On Class (4-6yrs)

Bodysuit:	Bodywrappers or Capezio Navy Short Sleeve (or the tank)	#BWC120 or #CC400
Tights:	Mondor Ballerina Pink Nylon Footed	#345
Ballet Shoes:	Capezio 'Gracie' Pink or Lily	#207C or #212C
Optional Skirt:	BZBodys sells 'Motionwear'	#1011