



## 2023/24 Dress Requirements – Competitive

BZBody's Dance 780-962-5308 226 McLeod Ave, Spruce Grove  
 Will carry all items listed below. [www.bzbodysdance.com](http://www.bzbodysdance.com)

**PURCHASE DANCEWEAR at studio SEPT. 5-7 from 4-8pm (prebook with BZBody's starting around Sept. 1)**

**REQUEST to join 'DDA BUY & SELL' on Facebook to purchased used items.**

**DARKER SKIN TONES can go into store to match skin colour & discuss options.**

Karries Kostumes 780-460-2626 2003 Tudor Glen, St. Albert

NOTE: All 4 Dance store only stocks our tights and not other items you need.

### **Hair** (7-19yrs)

Hair must always be pulled back and off the face.

Ballet Classes: expected to have a neat & tidy bun & hairline.

Other Disciplines: ponytail or braids. Hair must always be pulled back and tidy.

Short Hair: neat & tidy using hairband or clips if need be.

NOTE: Studio sells all hair products if needed.

### **Competition Jackets**

DDA jackets are required & brought into the studio to purchase during the season.

### **Jazz Nov-Jr-Int-Sen 'C' / Lyrical Jr 'C' / Contemporary 'C' / MT 'C' / Acro 'C' /Conditioning**

|                 |   |           |
|-----------------|---|-----------|
| Top:            | Black Fitted Lycra tank top OR Bodysuit (Black or Navy))                      |           |
| Bottom:         | Black Capri Lycra Pant, Leggings or Dance Shorts                              |           |
| Tights:         | Bloch Tan Footed or Convertible ( <b>worn under leggings/capri/shorts</b> )   | #T0982G/L |
| Lyr/Cont/Acro   | Might require different type of tights come Festival season-office can order. |           |
| Jazz/MT Shoes:  | Bloch Beige Slip On Jazz Bootie   | #SO499    |
| Lyr/Cont Shoes: | Capezio Canvas Half Sole  | #H064     |
| Acro/Cond:      | Bare Feet   |           |

### **Ballet Jr – Int - Sen 'C' (7-19yrs) / PrePointe (12-19yrs)**

|                   |  |                    |
|-------------------|--|--------------------|
| Jr Bodysuit:      | Bodywrappers or Capezio Navy Tank                      | #BWC115 or #CC201C |
| Int - Sen         | Capezio Black Tank or Capezio Bra Tech Tank            | #CC202 or #MC110   |
| Tights:           | Mondor Ballerina Pink Microfiber Footed or Convertible | #316 or #319       |
| Jr - Int 3 Shoes: | Bloch Pink Full Sole                                   | #SO205             |
| Int 4 - Sen       | Angelo Luzio Pink Stretch Split Sole                   | #246               |

### **Tap Jr – Int - Sen 'C' (7-19yrs)**

|                  |   |                     |
|------------------|---|---------------------|
| Top:             | Black Fitted Lycra tank top OR Bodysuit (Black or Navy)                     |                     |
| Bottom:          | Black Capri Lycra Pant, Leggings or Dance Shorts                            |                     |
| Tights:          | Bloch Tan Footed or Convertible ( <b>worn under leggings/capri/shorts</b> ) | #T0981G/Lor#T0982G/ |
| Tap Jr Rec       | Capezio Caramel Fluid Tap Lace Up   | #CG17               |
| Tap Jr C Shoes:  | Capezio Caramel Fluid Tap Lace Up   | #CG17               |
| Tap Int C Shoes: | Bloch Classic Tan Lace Up   | #SO301              |
| Tap Sen C        | Bloch Classic Black Lace Up   | #SO301              |

### **Hip Hop 'C' (7-19yrs)**

|                 |  |               |
|-----------------|--|---------------|
| Top:            | T Shirt (plain black or white)                         |               |
| Bottom:         | Black sweatpants/leggings                              |               |
| HH 'Rec' Shoes: | BLACK & White - CONVERSE Chuck Taylor All Star Low Top | Buy in stores |
| HH 'C' Shoes:   | BLACK & White - CONVERSE Chuck Taylor All Star Low Top | Buy in stores |

**Boys: Hip Hop 'C' (9-19yrs)**

|                 |  |               |
|-----------------|--|---------------|
| Top:            | T Shirt (plain black or white)                         |               |
| Bottom:         | Black sweatpants/leggings                              |               |
| HH 'Rec' Shoes: | BLACK & White - CONVERSE Chuck Taylor All Star Low Top | Buy in stores |
| HH 'C' Shoes:   | BLACK & White - CONVERSE Chuck Taylor All Star Low Top | Buy in stores |

**Boys: Tap – Jazz – MT – Ballet – Lyr – Contemp – Conditioning - Acro 'C' (7-19yrs)**

|               |   |                      |
|---------------|---|----------------------|
| Top:          | Bodywrappers White T Shirt                            | #B400 / #M400        |
| Bottom:       | Bodywrappers Black Jazz Pants or Black Bermuda Shorts | #B191 or #B192-#M192 |
| Ballet Shoes: | Bloch Black   | #SO205               |
| Jazz/Lyr/MT:  | Bloch Black Slip On Bootie                            | #SO499               |
| Tap Jr Level: | Capezio Black   | #CG100-#CG55-#CG09   |
| Tap Int/Sen:  | Bloch Classic Black Lace Up                           | #SO301               |
| Contemp/Acro: | Bare Feet   |                      |