



2024/25 Dress Requirements – ADULT PROGRAM

BZBody's Dance 780-962-5308 226 McLeod Ave, Spruce Grove
 Will carry all items listed below. www.bzbodydance.com

DARKER SKIN TONES Please see office, we can order in required color.

Adult Jazz (20+yrs)

Top:	Yoga or Comfortable Top	
Bottom:	Capri Lycra Pant or Leggings	
Jazz Shoes:	Bloch Black Slip On Jazz Bootie	#SO499
Character Shoe:	Sometimes group wears for a dance-only if required	

Adult Tap (20+yrs)

Top:	Yoga or Comfortable Top	
Bottom:	Capri Lycra Pant or Leggings	
Tap Shoe:	Bloch Black Classic Lace Up	#SO301

Adult Hip Hop (20+yrs)

Top:	T Shirt	
Bottom:	Yoga Pants, Sweat Pants or Cargo Pants (no jeans)	
Hip Hop Shoes:	Clean indoor All White Runners	

Adult Contemporary (20+yrs)

Top:	T Shirt	
Bottom:	Yoga Pants, Sweat Pants or Cargo Pants (no jeans)	
Lyr/Cont Shoes:	Capezio Canvas Half Sole	#H064

Adult Alumni: Contemporary (18+yrs)

Top:	T Shirt	
Bottom:	Yoga Pants, Sweat Pants or Cargo Pants (no jeans)	
Lyr/Cont Shoes:	Capezio Canvas Half Sole	#H064