



2024/25 Dress Requirements – Competitive

BZBody's Dance 780-962-5308 226 McLeod Ave, Spruce Grove
www.bzbodydance.com

Hair (7-19yrs)

Hair must always be pulled back and off the face.

Ballet Classes: expected to have a neat & tidy bun & hairline.

Other Disciplines: ponytail or braids. Hair must always be pulled back and tidy.

Short Hair: neat & tidy using hairband or clips if need be.

NOTE: Studio sells all hair products if needed.

Competition Jackets

DDA jackets are required & brought into the studio to purchase during the season.

Jazz Nov-Jr-Int-Sen 'C' / Lyrical Jr 'C' / Contemporary 'C' / MT 'C' (7-19yrs)

Top:	Black Fitted Lycra tank top OR Bodysuit (Black)	
Bottom:	Black Capri Lycra Pant, Leggings or Dance Shorts	
Tights:	Bloch Tan Footed or Convertible (<i>worn under leggings/capri/shorts</i>)	#T0982G/L
Lyr/Cont Tights:	Might require different type of tights come Festival season-office can order.	
Jazz/MT Shoes:	Bloch Beige Slip on Jazz Bootie *SEE NOTE BELOW	#SO499
Lyr/Cont Shoes:	Capezio Canvas Half Sole *SEE NOTE BELOW	#H064

- We are happy to color match and order tights and jazz shoes to match dancers of all skin tones

Ballet Novice - Jr - Int - Sen 'C' (7-19yrs) / PrePointe (12-19yrs)

All levels Bodysuit Option 1:	If purchasing from BZ Bodies: Capezio Black Tank or Capezio Bra Tech Tank	#CC202 or #MC110
All levels Bodysuit Option 2:	If purchasing from Studio: Choose from 4 choices (we will have samples to try on in the studio)	Purchase at DDA
All levels OPTIONAL add-ons:	Nov- Jr 3: knit Ballet Wrap sweater in PINK Jr 4-Sen: knit Ballet wrap sweater in BLACK All Levels: Black Ballet Wrap Skirt	Purchase at DDA
Tights:	Mondor Ballerina Pink Microfiber Footed or Convertible	#316 or #319
Nov-Jr 3 Shoes:	Bloch Pink Full Sole	#SO205
Jr 4 - Sen Shoes:	Capezio 'Hanami' Canvas Shoe	#2037W

Tap Nov - Int - Sen 'C' (7-19yrs)

Top:	Black Fitted Lycra tank top OR Bodysuit (Black or Navy)	
Bottom:	Black Capri Lycra Pant, Leggings or Dance Shorts	
Tights:	Bloch Tan Footed or Convertible (<i>worn under leggings/capri/shorts</i>)	#T0981G/Lor#T0982G/
Tap Nov-Jr C	Capezio Caramel Fluid Tap Lace Up	#CG17
Tap Int C:	Bloch Classic Tan Lace Up	#SO301
Tap Sen C:	Bloch Classic Black Lace Up	#SO301

Hip Hop Jr -Sen 'C' (ALL DANCERS) (7-19yrs)

Top:	T shirt (plain BLACK or WHITE)	
Bottom:	Black Sweatpants	
Shoes:	Black & White- CONVERSE Chuck Taylor (low)	#M9166- Buy in store

Boys: Tap - Jazz - MT - Ballet - Lyr - Contemp (7-19yrs)

Top:	Bodywrappers White T Shirt	#B400 / #M400
Bottom:	Bodywrappers Black Jazz Pants or Black Bermuda Shorts	#B191 or #B192-#M192
Ballet Shoes:	Bloch Black	#SO205
Jazz/Lyr/MT:	Bloch Black Slip On Bootie	#SO499

Tap Jr Level:	Capezio Black	#CG100-#CG55-#CG09
Tap Int/Sen:	Bloch Classic Black Lace Up	#S0301
Contemp/Acro:	Bare Feet	