

HEARTBEAT, Fort Sask. April 29th – May 3rd, 2026

FINAL DRAFT

***QC means some will have a quick costume change for their next dance number.**

Wednesday, Apr 29th

| REHEARSAL TIME | PERFORMING TIME + NAMES | ADJ | TEACHER | CLASS |
|----------------|------------------------------|---------|---------|--------------|
| 8:00am | 9:00am Mia H. | 9:05am | Mikayla | Contemp Solo |
| 8:15am | 9:15am Ella H. & Avery S. | 9:45am | Mikayla | Contemp Duet |
| | Julia M. & Lily P. | | Mikayla | Contemp Duet |
| 9:15am | 10:15am Dehanna P. | 10:35am | Mikayla | Contemp Solo |
| | Eliana D. | | Mikayla | Contemp Solo |
| | Brooke W. | | Mikayla | Contemp Solo |
| | Alexis E. | | Mikayla | Contemp Solo |
| 9:45am | 10:45am Landslide *QC | 11:00am | Mikayla | Contemp SmGr |
| | The Social Network | | Mikayla | Contemp2C |
| | The Last Laugh *QC | | Mikayla | Contemp3C |
| 1:05pm | 2:05pm Raychel F. | 2:25pm | Liz | Hip Hop Solo |
| | Graham T. | | Cassidy | Hip Hop Solo |
| | Layla Y. | | Liz | Hip Hop Solo |
| 2:15pm | 3:15pm Sophia S. & Emilia L. | 3:45pm | Cassidy | Hip Hop Duet |
| 2:55pm | 3:55pm The Tune Squad | 4:15pm | Tara | HHJr-cC |
| 3:25pm | 4:25pm Zoe B. | 4:50pm | Mia | Hip Hop Solo |
| 3:50pm | 5:00pm Andy's Coming | 5:15pm | Mia | SS (HH) |
| 4:25pm | 5:25pm Smash Moves | 5:50pm | Cassidy | HHJr-bC |
| | Rhythm Builders | | Cassidy | HHJr-aC |
| 5:00pm | 6:00pm Noa A. | 6:15pm | Cindy | Tap Solo |
| 5:25pm | 6:25pm Let's Go! | 6:45pm | Cindy | TNovC |
| 5:55pm | 6:55pm Miss Behavin' | 6:55pm | Cindy | TJr4C |
| 6:15pm | 7:15pm Breakout | 7:25pm | Mia | JJr2C |
| 6:35pm | 7:35pm Sabine Y. | 7:55pm | Jenna | Jazz Solo |
| 7:00pm | 8:00pm Glitter and Fame | 8:20pm | Jenna | JJr3C |
| | Jive and Jump | | Jenna | JJr4C |
| 7:30pm | 8:30pm Jill M. | 9:05pm | Jamie | Jazz Solo |
| | Gianna T. | | Jamie | Jazz Solo |
| | Layla Y. | | Jamie | Jazz Solo |
| | Mia H. | | Jamie | Jazz Solo |
| 8:15pm | 9:15pm She Wolf | 9:30pm | Jamie | JSen2C |
| | Invisible Man | | Jamie | JSen3C |

Thursday, April 30th

| REHEARSAL TIME | PERFORMING TIME + NAMES | ADJ | TEACHER | CLASS |
|----------------|----------------------------|---------|-----------|-------------|
| 8:00am | 9:00am Caleb A. & Layla Y. | 9:30am | Stephanie | Ballet Duet |
| 8:40am | 9:40am Luminous Tides | 9:55am | Stephanie | BSen2C |
| | In The Stillness | | Stephanie | BSen3C |
| 9:05am | 10:05am Emry H. | 10:30am | Stephanie | Ballet Solo |
| | Kaden H. | | Stephanie | Ballet Solo |
| 9:40am | 10:40am Fairy Festival | 11:10am | Bronwyn | BJr3-aC |
| | La Vie en Rose | | Bronwyn | BJr3-bC |
| | Out of the Box | | Stephanie | BJr4C |
| | Petals and Light | | Stephanie | Bint2C |
| 10:20am | 11:20am Paige K. | 11:45am | Cindy | Tap Solo |
| | Kayla Q. | | Cindy | Tap Solo |
| | Sam S. | | Cindy | Tap Solo |
| | Lexie B. | | Cindy | Tap Solo |
| 10:55am | 11:55am Frutti Fandango | 12:15pm | Cindy | TJr3C |
| 11:25am | 12:25pm Tabatha . | 12:40pm | Cindy | Tap Solo |
| 11:50am | 12:50pm Amelie W. | 1:20pm | Jenna | Jazz Solo |
| | Grace S. | | Jenna | Jazz Solo |
| 12:30pm | 1:30pm Like, Like Cool! | 1:50pm | Jenna | JInt2C |
| 1:00pm | 2:00pm Mia G. | 2:30pm | Jenna | Jazz Solo |
| | Anja K. | | Jamie | Jazz Solo |

| REHEARSAL TIME | PERFORMING TIME + NAMES | ADJ | TEACHER | CLASS |
|----------------|-------------------------|--------|-----------|--------------|
| | | | Jenna | Jazz Solo |
| 1:40pm | 2:40pm | 3:15pm | Jenna | Jazz Duet |
| | | | Jamie | Jazz Duet |
| 2:50pm | 3:50pm | 4:05pm | Mikayla | Contemp 1C |
| 3:15pm | 4:15pm | 4:40pm | Mikayla | Contemp Solo |
| | | | Mikayl | Contemp Solo |
| 3:50pm | 4:50pm | 5:05pm | Mikayla | Contemp Solo |
| 5:30pm | 6:30pm | 6:50pm | Mikayla | LyrC |
| 6:40pm | 7:40pm | 8:05pm | Mikayla | Lyrical Solo |
| 7:45pm | 8:45pm | 9:05pm | Cindy | Tap Duet |
| | | | Cindy | Tap Duet |
| | | | Cindy | Tap Duet |
| | | | Brittaney | Tap Duet |
| 8:15 pm | 9:15pm | 9:25pm | Brittaney | Jazz Solo |
| | | | Brittaney | Tap Solo |
| | | | Brittaney | Tap Solo |

Friday, May 1st

| REHEARSAL TIME | PERFORMING TIME + NAMES | ADJ | TEACHER | CLASS |
|----------------|-------------------------|---------|-----------|--------------|
| 8:00am | 9:00am | 9:15am | Mikayla | Contemp Solo |
| | | | Mikayla | Contemp Solo |
| 8:25am | 9:25am | 9:55am | Mikayla | ContempLine1 |
| 9:05am | 10:05am | | Mikayla | Contemp Solo |
| | | | Mikayla | Contemp Solo |
| 10:05am | 11:05am | 11:20am | Mikayla | Contemp Solo |
| | | | Mikayla | Contemp Solo |
| | | | Mikayla | Contemp Solo |
| | | | Mikayla | Contemp Solo |
| 10:30am | 11:30am | 12:00pm | Cindy | MTIntC |
| 11:40am | 12:40pm | 1:00pm | Cindy | MTJrC |
| 12:10pm | 1:10pm | 1:40pm | Mia | Theatre Duet |
| | | | Mia | Theatre Trio |
| | | | Stephanie | Theatre Duet |
| 1:10pm | 2:10pm | 2:35pm | Cindy | Tap Duet |
| | | | Cindy | Tap Duet |
| 1:45pm | 2:45pm | 3:15pm | Cindy | Tap Solo |
| | | | Cindy | Tap Solo |
| 2:25pm | 3:25pm | 3:35pm | Cindy | SS (T) |
| 2:45pm | 3:45pm | 4:10pm | Jenna | Jazz Duet |
| | | | Mia | Jazz Duet |
| 6:10pm | 7:10pm | 7:35pm | Cassidy | Hip Hop Solo |
| | | | Liz | Hip Hop Solo |
| 6:45pm | 7:45pm | 8:05pm | Liz | Hip Hop Duet |
| | | | Cassidy | Hip Hop Duet |
| | | | Liz | Hip Hop Trio |
| | | | Liz | Hip Hop Duet |
| 7:15pm | 8:15pm | 8:40pm | Cassidy | HHIntC |
| | | | Liz | HHSenC |
| 7:50pm | 8:50pm | 9:05pm | Liz | AHH |

Saturday, May 2nd

| REHEARSAL TIME | PERFORMING TIME + NAMES | ADJ | TEACHER | CLASS |
|----------------|-------------------------|---------|-----------|-------------|
| 8:00am | 9:00am | 9:30am | Stephanie | Ballet Solo |
| | | | Stephanie | Ballet Solo |
| | | | Stephanie | Ballet Solo |
| | | | Stephanie | Ballet Solo |
| | | | Stephanie | Ballet Solo |
| 9:15am | 10:15am | 10:25am | Stephanie | BInt4C |
| 9:35am | 10:35am | 11:05am | Cindy | Tap Duet |
| | | | Cindy | Tap Duet |
| | | | Cindy | Tap Duet |
| 10:15am | 11:15am | 11:30am | Cindy | TSen3C |
| | | | Cindy | TSen2C |

| | | | | | |
|---------|---------|--------------------|---------|-----------|--------------|
| 10:40am | 11:40am | Voulez-Vous | 11:55am | Cindy | TInt4C |
| | | Chaos In Harmony | | Cindy | TInt2C |
| 11:05am | 12:05pm | Summertime Shuffle | 12:15pm | Cindy | TJr2C |
| 12:10pm | 1:10pm | TROUBLE | 1:30pm | Cindy | SS (J/B) |
| 12:40pm | 1:40pm | Katelyn Y. | 1:55pm | Jenna | Jazz Solo |
| | | Kennedy S. | | Jenna | Jazz Solo |
| 3:35pm | 4:35pm | Sarah G. | 5:00pm | Mis | Theatre Solo |
| | | Tabatha K. | | Mia | Theatre Solo |
| | | Phoebe C. | | Mia | Theatre Solo |
| | | Makayla K. | | Mia | Theatre Solo |
| 4:10pm | 5:10pm | Hygge | 5:25pm | Stephanie | MTSenC |
| 4:35pm | 5:35pm | Paige K. *QC | 5:55pm | Stephanie | Theatre Solo |
| | | Dehanna P. *QC | | Stephanie | Theatre Solo |
| | | Gianna T. | | Stephanie | Theatre Solo |
| | | Layla Y. | | Stephanie | Theatre Solo |
| 5:25pm | 6:25pm | Isabelle N. | 6:40pm | Cindy | Theatre Solo |
| | | Noa A. | | Cindy | Theatre Solo |
| | | Ava K. | | Cindy | Theatre Solo |
| | | Sophia N. | | Cindy | Theatre Solo |
| 5:50pm | 6:50pm | Courtney L. | 8:00pm | Stephanie | Theatre Solo |
| 7:10pm | 8:10pm | Comfort QC | 8:15pm | Brittaney | AContemp |
| 7:25pm | 8:25pm | Y2K | 8:45pm | Brittaney | AJazz |
| 7:55pm | 8:55pm | Outta This World | 9:20pm | Andrea | Atap Beg |
| | | The Heist | | Brittaney | Atap Exp |

Sunday, May 3rd

| Rehearsal Times | PERFORMING TIME + NAMES | ADJ | TEACHER | CLASS |
|-----------------|-------------------------|-----|---------|-----------|
| 8:00am | 9:00am | | | |
| | | | 9:30am | Stephanie |
| | | | | Stephanie |
| | | | | Stephanie |
| | | | | Stephanie |
| | | | | Stephanie |
| 8:40am | 9:40am | | | |
| | | | 9:55am | Bronwyn |
| | | | | Bronwyn |
| 10:05am | 11:05am | | | |
| 10:35am | 11:35am | | | |
| | | | 11:45am | Mia |
| | | | | Jenna |
| | | | | Jenna |
| | | | | Jenna |
| 11:15am | 12:15pm | | | |
| 11:35am | 12:35pm | | | |
| 11:55am | 12:55pm | | | |
| | | | 12:25pm | Jenna |
| | | | 12:45pm | Cindy |
| | | | 1:15pm | Cindy |

SHOWCASE

- **Sunday evening May 3rd** all studios top scoring groups will be entered into the final showcase. More info will be released closer to the date. This festival will update the scoreboard each day. **You will be notified by email if your group(s) are eligible for the Showcase performance on the afternoon of May 3rd.**

ENTRANCE FEES / PARKING

- **We will send this info out as soon as we receive it. *Theatre accepts cash only**

PARENT NOTES

- **HELD:** Shell Theatre, 8700-84 St, Fort Sask.
- **ADJ** means adjudication time on stage. ***QC** means quick costume change. Students will need to change into their next costume before they go on for adjudication; they will need to wear their DDA jacket or grad students a DDA crewneck.
- Parents to just drop off students at rehearsal area.
- Student dancers are FREE to watch in the theater but must cover up costume if going in before performing.
- You may go into the theater after dropping your child off at rehearsal area.
- Students will come out and meet you in the lobby after adjudication. You may stay to watch or leave for the day.

STUDENTS

- Start stretching in the rehearsal room while waiting for your teacher.
- **Stay with your group at all times!**
- You must return to the stage for adjudication, unless you have a quick costume change.
- Dancers must wear their DDA jackets over costume when watching dances in the audience.
- If you have changed into a different costume, wear your DDA jacket on stage for adjudication.

- Try to take the opportunity to watch other performances as that is how you learn a lot.

ARRIVAL

- Dancers must arrive at in rehearsal hall at scheduled rehearsal time stated in **blue**. No parents are allowed in the practice room/change rooms/backstage
- Arrive **ON TIME** with hair, make-up & costume on!
- Festivals can run ½ hour ahead of time and students who arrive late to rehearse might not be able to perform!

THEATRE RULES

- All dancers need to return back to the stage for adjudication then they may stay and watch or leave.
- You can only enter or leave the theater between performances.
- As a courtesy to the adjudicators and other spectators, please do not walk through the audience to find a space during a routine, stand at the side until the routine has completed.
- **NO RECORDING DEVICES OF ANY KIND ARE ALLOWED** including cell phones! These are strictly prohibited and will lead to **DISQUALIFICATION** of the person/group on stage. No warnings are usually given.

REHEARSAL HALL/DRESSING ROOMS

- The Lion's Mane will be provided for practicing.
- Parents are **NOT** allowed in order to give performers the space required to prepare for their routines.
- **NO FOOD** or **DRINKS** are allowed. Studios that break this rule will be charged a cleaning fee!!!
- Tap Shoes must be carried and can only be worn backstage. Wear running shoes for practice.
- Please remember that this is a shared space, do not leave any valuables. The dressing rooms fill up fast, just bring what you need that day. Heartbeat is not responsible for any missing items. Be respectful of the festival and clean up after yourself,
- Please make sure you have labelled all your items, that is the only way they can be returned if found.

PROPS

- All props **MUST** be removed after each session and removed from the theatre after the session is over. Large props can be dropped off at the back of the building.